



BAPTIST HEALTH®

# Caring for Patients With Substance Abuse Disorder in the Hospital Setting

Kathy Tussey, MSN, RN, NEA-BC

Executive Director, Administrative Services

Baptist Health Lexington



# Objectives

- Discuss services available to care for substance abuse disorder patients (SUD) in the hospital setting.
- Discuss the hospital initiatives to prevent chronic opioid use in the community.



# Current Patient Populations At Risk

- Emergency Department Patients
  - Overdose
  - Substance Use Disorder (Opioid, Alcohol)
- Inpatients
  - Substance Use Disorder
  - Buprenorphine
- Surgical Patients
  - Enhanced Recovery After Surgery (ERAS)
  - Nerve Blocks
  - Patient education and pain expectation



# Addiction Nurse and Peer Support Specialist

- Non-judgmental approach to provide Support, Counseling, Treatment options, Buprenorphine and Naloxone
- Partnership with “Voices of Hope” to provide:
  - Assess Readiness of Change
  - Barriers to Recovery
  - Connect to Recovery Community
  - Coaching for capital, employment, and recovery
- Bridge patients to MAT program



# Surgical Services

- Enhanced Recovery After Surgery (ERAS)
  - Service lines: Colorectal, Mastectomy, Orthopedics, Bariatric, Neurosurgery, Urology
- Nerve Block (Regional Anesthesia) to control Pain
  - Acute Pain Service
  - MD office-Pre-op-PACU-Discharge
- Multi-modal therapy
  - Acetaminophen and NSAIDS
  - Gabapentin (neuropathic pain)



## Opioid Committee

- Developed Acute Pain Guidelines
- Utilizing Michigan Open Prescribing Algorithm and Brochures
- Meds to Beds program and Detera Bags
- CMO working with Service Lines to improve prescribing patterns
- Educating Physicians and Nursing staff
- Changing the Culture of Pain expectations
- Patient/Staff Safety-No Wandering Policy-Security Consults



BAPTIST HEALTH®



The **evidence** found

**6-10%** 

**of surgical patients become new persistent opioid users**  
(A significant surgical complication)



**NO**  
**correlation**

between probability of refill and amount of opioid prescribed

Greater than

**70%** 

of prescribed opioids go unused



**NO**  
**correlation**

between patient satisfaction scores and amount of opioid prescribed



# Prescribing Recommendations

Procedure	Oxycodone* 5mg Tablets
<a href="#"><u>Appendectomy – Lap or Open</u></a>	0 - 10
<a href="#"><u>Laparoscopic Cholecystectomy</u></a>	0 - 10
<a href="#"><u>Open Cholecystectomy</u></a>	0 - 15
<a href="#"><u>Colectomy – Lap or Open</u></a>	0 - 15
<a href="#"><u>Cardiac Surgery via Median Sternotomy</u></a>	0 - 25
<a href="#"><u>Caesarean Section</u></a>	0 - 20
<a href="#"><u>Hysterectomy – Vaginal, Lap/Robotic, or Abdominal</u></a>	0 - 15
<a href="#"><u>Breast Biopsy or Lumpectomy</u></a>	0 - 5
<a href="#"><u>Total Hip Arthroplasty</u></a>	0 - 30
<a href="#"><u>Total Knee Arthroplasty</u></a>	0 - 50